
Courtney Henry

Creator-Performer-Writer-Educator-Mentor

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EDUCATION

2020 - 2022 **M.F.A. Graduate**, The University of the Arts, Philadelphia, PA

2007 - 2011 **B.F.A. Magna Cum Laude**, Fordham University/The Ailey School NY, NY

2003 - 2007 **H.S. Diploma**, A.W. Dreyfoos School of the Arts, West Palm Beach, FL

SCHOLARSHIP

2021 Alex Dubé Scholarship Recipient

2019 University of the Arts Life Experience Scholarship

2007 Fordham University Undergraduate Excellence Scholarship

2006 Youth American Grand Prix Summer Intensive Scholarship, The Ailey School

GRANTS & AWARDS

2022 President's Award for Creative Research & Innovation Grant, University of the Arts

2021 Artist in Residence at University of the Arts

2020 Artist Relief Grant Recipient

2019 Foundation for Contemporary Arts Emergency Grant Recipient

2018 Goethe Institute Research Grant Awardee, Berlin, Germany

2017 Princess Grace Foundation Professional Development Grant

2017 MATATU Film Festival Crowd Favorite Award for Dance Film 'apolo,' Oakland, CA

2014 Dance Magazine Nominee for Best Performance in 'Biophony' by Alonzo King

2013 Princess Grace Foundation USA & Chris Hellman Dance Award

2011 San Francisco Dance Film Festival Award Winner for 'Wilds Tonic' by Lara Wilson

2006 Youth American Grand Prix New York Finalist

TEACHING EXPERIENCE/WORKSHOPS

2023 Guest Educator/Researcher, Berkeley Ballet Theater, Berkeley, CA

- Improvisation
- Contemporary Partnering
- Composition
- Horton
- 'Unraveling the Ballet Form' Research Lab

2023 Visiting Artist, Cornell University, Ithaca, NY

- Coaching
- Choreography
- Teaching

2023 Invited Guest Practitioner, 'Movement Of The People' Winter Intensive, New York, NY

- Workshop 'Unraveling the Ballet Form'

2023 Workshop Exchange, École de Sables, Toubab Dialow, Senegal

- Work with Jant-Bi II, formed of young dancers based in Senegal.
- Training in Germaine Acogny Technique.

2023 Guest Teacher, Francisco Gella Dance Works, Los Angeles, LA New Years Training Camp

- Horton
- Contemporary Ballet
- Improvisation on Pointe

2021 - Current, Artist in Residence at The University of the Arts, Philadelphia, PA

- Ballet Studio Practice 1st & 2nd Year
- Contemporary JR/SR PAIRS
- Performance Pedagogies of Dance
- Research & Practice Module: Unraveling The Ballet Form
- Introduction to Improvisation
- Repertoire
- Mentor & Student Advisor
- Audition facilitator
- Accompaniment by Live percussionist, pianist, guitarist, Kora (African harp)

2022-2023 Adjunct Faculty, Temple University, Philadelphia, PA

- Contemporary Approaches To Ballet
- Accompanied by Live percussionist
- Horton I

2022-2023 Guest Teacher, The Juilliard School, New York, NY

2022-2023 Guest Teacher, Swarthmore College, Swarthmore, PA

2022-2023 Guest Teacher, The Rock School, Philadelphia, PA

2022 Online Summer Research Lab - Daring to Unravel: A Research Lab On the Ballet Form

- Mindfulness work/meditation.
- Radical visualizations for how to move through a ballet based warm-up.
- Re-landscaping the body: fine-tuning for horizon work.
- Somatic practices (Feldenkrais & Gyrokinesis.)
- Contemporary phrase work.
- Authentic movement scores.
- Creative writing practice.
- History, theory, & criticism.
- Collective reading.

2020 Master Teacher, Ballet & Contemporary Workshop, The Dallas Conservatory, Dallas, TX

2020 Master Teacher, A.W. Dreyfoos School of the Arts, West Palm Beach, FL

2020 Private Movement Coaching, Dakar, Senegal

- Ages 3-47

2019 Contemporary Workshop, Lake Charles Dance Academy, Lake Charles, LA

2018 Guest Teacher, Blaise Senghor Cultural Center Dakar, Senegal

2018 Contemporary Workshop, National Dance Company, Accra, Ghana

2018 Youth Workshop Leader for 'Ballet of Difference,' Munich, Germany

2016 Guest Teacher, Fábrica de Hielo/Taller de Danza Escuela, Oaxaca, México

2015 Guest Teacher, The Dallas Conservatory, Dallas, TX

2013-2019 Guest Teacher, SF Dance Center/ LINES Ballet San Francisco, CA

- Ballet & Repertoire teacher for online and in person intensives ●
- Mentor for high school seniors in the Trainee Program
- Guest Teacher for Teen Program and auditions

COMPANY EXPERIENCE

Pig Iron Theater Company, Philadelphia, PA — *Guest Performer*

2022

- Performer in 'Path of Pins,' an immersive theater experience.
- Fringe Festival Award Winner

Victor Ullate Ballet, Valencia, Spain - Guest Artist

2019

- Project-based, 3 Touring Festival Performances.
- Performer & Collaborator for the Re-staging of 'Carmen.'

Ballet of Difference, Cologne, Germany - Soloist

2018 - 2019

- Premier Dancer.
- Actor.
- Co-collaborator for New Creations & Repertoire.
- European Touring.

Alonzo King LINES Ballet, San Francisco, CA - Principal Dancer

2011 — 2018

- Premier dancer and collaborator with world-renown live musicians, set designers, writers, and architects.
- Premiering over 14 new works.
- Extensive worldwide touring. 26 countries total.

Francesca Harper Project, New York, NY - Company Member

2009 — 2011

- Project-based.
- Cutting-edge dance, theater, and film company.

PERFORMANCE WORK

2023 Movement Research @ Judson Church

3/2023 Patterning Our Infinite Stardust. In Collaboration with Joya Powell

Judson Church, New York, NY

2023 'Joie Noire' Collaboration w/ Jimmy Robert

3/2023 Centre Nationale de la Danse Pantin, France

2022 Philadelphia Fringe Festival, Devised Immersive

Theater *9/2022 Path of Pins. Path of Needles*

In Collaboration with Pig Iron & Filmmaker Josephine Decker. Site-specific work in Germantown, Philadelphia

2022 Research As Action

7/2022 Patterning Our Infinite Stardust. In Collaboration with Joya Powell

ICCN Montpellier, France

2019 Festival Kaay Fecc, Solo Work

4/2019 Songs From East And West. Choreography: Courtney Henry

Blaise Senghor Cultural Center Dakar, Senegal

2019 Eugin Onegin, Soloist

03/2019 Deutsche Oper Berlin Berlin, Germany

2019 'Joie Noire' Collaboration w/ Jimmy Robert

01/2019 KW Institute of Contemporary Art Berlin, Germany

03/2019 Kaii Studios (Performatik Festival) Brussels, Belgium

2018-2019 Ballet of Difference, Richard Siegal, Artistic Director

Made For Walking (Original Cast)

02/2018 Schauspiel Köln Köln, Germany

03/2018 Muffathalle Munich, Germany

03/2018 Forum am Schlosspark Ludwigsburg-Ludwigshafen

03/2018 Theater im Pfalzbau Ludwigshafen-Karlsruhe

03/2018 Theater im Revier Gelsenkirchen, Germany(German Tanzplattform Essen)

ROUGHHOUSE

12/2018 Schauspiel Köln Köln, Germany

06/2019 Holland Festival Amsterdam, Netherlands

UNITXT (Re-staging)

02/2018 Schauspiel Köln Köln, Germany

03/2018 Muffathalle Munich, Germany

03/2018 Forum am Schlosspark Ludwigsburg-Ludwigshafen

03/2018 Theater im Pfalzbau Ludwigshafen-Karlsruhe

03/2018 Theater im Revier Gelsenkirchen, Germany(German Tanzplattform Essen)

2018-2019 "MANUFACTORY" by TRANSFORMA, Sascha Ring, Musician.

Yoon-Kyung Hwang, Choreographer

05/2018 L.E.V. Festival Gijon, Spain

09/2018 Barbican Concert Hall London, UK

06/2019 Bauhausbühne Dessau, Germany (Werkleitz Festival)

2018 "Charles Tribute," Carmen Rozestraten, Choreographer

06/2018 Vondelpark Open Air Amsterdam, Netherlands

2011-2017 Alonzo King LINES Ballet, Alonzo King, Artistic Director

National & International Touring, 26 Countries

List of Repertory

New Works by Alonzo King

2017 *Figures of Speech* Yerba Buena Center For The Arts, San Francisco, CA

2016 *Art Songs & SAND* Yerba Buena Center For The Arts, San Francisco, CA

2015 *The Propelled Heart & Biophony* Yerba Buena Center For The Arts, San Francisco CA

2014 *Shostakovich & The Steady Heart* Yerba Buena Center For The Arts, San Francisco CA

2013 *Concerto for Two Violins, Meyer, & AZIMUTH* YBCA San Francisco, CA

2012 *Constellation* Yerba Buena Center For The Arts San Francisco, CA

2011 *Resin, Figures of Speech, & Triangle of the Squinches*, Yerba Buena Center For The Arts
San Francisco, CA

Restagings of Alonzo King's Repertoire

Rasa

The Radius of Convergence

Koto

Scheherezade

Dust & Light

Refraction

The Moroccan Project

PUBLISHED WRITINGS

2022

"Spiral as Code" Artist Book published by the University of the Arts

2021

"Vulnerable Resilience" Co-editor, *DIYdancer Magazine Issue 04*

Audio Zine <https://diydancer.com/issue-04-vulnerable-resilience/>

2020

"These 5 Time Management Tips Can Help Freelancers Take Charge of Their Careers" - Dance Magazine

<https://www.dancemagazine.com/time-management-tips/>

2019

Print:

- “Body As Object VS (& Its Ability To Express the Invisible” - *DIYdancer Magazine* Issue 03, SEEN unSeen
- “The Idyllic Cape Verde Island Blending 3 Mother Cultures Into One Perfect Melody” - *b.inspired*, Brussels Air Magazine

Online:

- “How Tall is Too Tall To Dance?” - *Dance Magazine*
<https://www.dancemagazine.com/tall-dancer/>
- “Get to Know Stephanie Kurlow, Who’s Training to Become the First Professional Hijabi Ballerina,” *Pointe Magazine*
<https://pointemagazine.com/stephanie-kurlow/>

2018

Print:

“Now. Future.” An Afro-futurist poem. - *DIYdancer Magazine*, Issue 02

Online:

- “Tanztheater Wuppertal Pina Bausch Performs ‘NEUES STÜCK II’ And the New Is Made Old Again” - Critical Draft for *DIY Dancer Magazine*
<https://diydancer.com/2018/09/27/nues-stuk-ii/>
- “Privilege vs Purpose: Performance Art & The Isolated Affinity” - Critical Draft of Ian Kaler’s performance at Hebbel Am Ufer, Berlin, Germany for *DIYdancer Magazine*
<https://diydancer.com/2018/05/27/privilege-vs-purpose-performance-art-and-the-isolated-affinity/>
- “Forward To Nature: Jefta Van Dinther’s Call For a R(e)-evolution” - Critical Draft for *DIYdancer Magazine*
<https://diydancer.com/2018/02/20/forward-to-nature-jefta-van-dinthers-call-for-a-re-evolution/>
- “Berlin Film & Fashion Festival. The Inside Scoop with Rowena True” - *Hollywood Glam Magazine*, Foreign Correspondent
<https://www.hollywoodglammagazine.com/2018/08/02/berlin-film-fashion-festival/>

DANCE FILMS

2017 "If Cities Could Dance," Oakland, CA - Dancer, Choreographer

- Docu-dance series in collaboration w/ KQED
- Filmed by Claudia Escobar

2017 'Stray Notes,' San Francisco, CA - Dancer

- Choreography: Courtney Henry, Micheal Montgomery, Babatunji Johnson
- Director: Kate Duhamel
- Premiered at San Francisco Dance Film Festival, "Local Shorts"

2015-2017 MATATU Film Festival, Oakland, CA - Curator

- Choreographed and performed a series of duets and group performances to accompany various films.
- 'apolo' premiere. In collaboration with dancer Adji Cissokho, filmed by Lino Brown.
- Post-show moderator and invited panelist for "Black Bodies In Ballet" & "Film Noire: Femme Fatale."

2012 Alonzo King Lines Ballet ARTHAUS MUSIK Film, Marin, CA

- A production of Monarda Arts in co-production with ZDF/3sat
- *Triangle of the Squinches, Dust & Light, Scheherazade*
- DVD

2011 'Wilds Tonic,' San Francisco, CA - Dancer

- Choreographed by Lara Wilson
- In Collaboration with dancer Micheal Montgomery

RESIDENCIES

2021 - 2023 Artist-in-Residence, University of the Arts, Philadelphia, PA

2018 A Inter-Peripherals Center For Contemporaries (AIPCC) Resident,
Ansbach, Germany

- 2-week residency in outer Bavaria.
- Private studio space and surrounding fields were made available for movement research based on Goethe Institute Grant & travel to Africa

2016 Workshop Residency at the University of Massachusetts Amherst,
Amherst, MA

- Invited Lead Dancer & Actor by Professor Tanya Fernando
- Workshopping of the play, 'Dance! Salome, Dance!'
- Choreography by Kevin Iega Jeff

ADDITIONAL TRAINING & PROFESSIONAL DEVELOPMENT

2022 Embodied Activism 25HR Certificate, The Embody Lab with Nkem Ndefo, Rae Johnson, Farzana Khan

2022 Private Coaching by Alexander Munz in MUNZ FLOOR METHOD, Philadelphia, PA

2021 Private Coaching & Research in Feldenkrais Method with Jimena Paz, Philadelphia, PA

2019 Pre-training and Level I Foundation Certification, The Gyrotonic Method Studio Anke Hauerstein, Berlin, Germany

2017 b12 Workshop Participant, Berlin, Germany

- Performance collaboration, Maxine Doyle
- Technic & composition through improvisation, Thusnelda Mercy
- Movement improvisation, Ian Robinson

2016 Meisner Technique Intensive with Rachael Adler, Berkeley, CA

COMMUNITY ACTIVISM

Current Member

Dancers Amplified

Whistle While You Work

Dancing While Black

Black Quantum Futures

